



PERMANENT HAIR REMOVAL AND SKIN TREATMENTS

Consultation Information for clients

BOOK ONLINE NOW:

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Price List - Laser & IPL Treatments (2022)



Laser Hair Removal FACE - Female	Single treatment	6 Full price treatments	20% off course of 6
Centre brow/ Earlobes	£45	£270	£216
Upper lip	£55	£330	£264
Chin/ sides of face	£70	£420	£336
Lip & chin/Jawline and chin/ Neck	£85	£510	£408
Jaw, chin and upper lip	£95	£570	£456
Full face	£120	£720	£576
Full face and front of neck	£150	£900	£720
Laser Hair	Single	6 Full price	20% off
Removal BODY - Female	treatment	treatments	course of 6
Fingers/ nipples/ navel line/ toes	£65	£390	£312
Hands or feet	£75	£450	£360
Underarm	£75	£450	£360
Bikini (standard) or buttocks	280	£480	£384
Bikini (brazillian) / lower arm/ abdomen/ upper arm/ back	£110	£660	£528
Bikini (full)	£140	£840	£672
Full arm or lower leg	£160	£960	£768
Upper leg	£180	£1080	£864

£250

£300

£330

£360

Full leg

Full leg (inc standard Bikini)

Full leg (inc Brazilian Bikini) Full leg (inc full

Bikini)

£1500

£1800

£1980

£2160

£1200

£1440

£1584

£1728

Laser Hair Removal FACE - Male	Single treatment	6 Full price treatments	20% off course of 6
Earlobes/ centre brow	£50	£300	£240
Upper cheeks	£65	£390	£312
Front or back of neck	£85	£510	£408
Front and back of neck	£110	£660	£528
Beard	£140	£840	£672
Beard and front of neck	£180	£1080	£864
Laser Hair Removal BODY- Male	Single treatment	6 Full price treatments	20% off course of 6
Hands or feet and toes	£75	£450	£360
	210	2430	2300
Underarm	£75	£450	£360
Underarm			
	£75	£450	£360
Buttocks Lower arm/ chest/	£75 £100	£450 £600	£360 £480
Buttocks Lower arm/ chest/ stomach Whole arm/ full back (only) or shoulders and	£75 £100	£450 £600 £660	£360 £480 £528
Buttocks Lower arm/ chest/ stomach Whole arm/ full back (only) or shoulders and upper arms Chest and stomach or	£75 £100 £110 £190	£450 £600 £660 £1140	£360 £480 £528 £912

Please see next page for skin treatment pricing

Price List - Laser & IPL Treatments (2022)



Laser & IPL; Skin Rejuvenation/ Facial veins/ Pigment removal	Single treatment	Course of 3 (10% off)	Course of 6 (20% off)
Single lesion	£75	£202.50	£360
Multiple lesions	£100	£240	£480
Cheeks	£120	£324	£576
Cheeks and nose	£150	£405	£720
Half face	£180	£486	£864
Full face	£200	£540	£960
Full face and neck	£250	£675	£1200
Full face, neck and Décolleté	£300	£810	£1440
Décolleté only	£180	£486	£864
Hands	£150	£405	£720
Leg veins	From £50 - £200		

IPL Acne Treatment	Single treatment	6 Full price treatments	20% off course of 6
Half face	£95	£570	£456
Full face	£160	£960	£768
Shoulders	£175	£1050	£840
Full back	£230	£1380	£1104

Add an LED light therapy facial to any Laser or IPL facial treatment for an additional £10 only (Saving £35 - usually £45 per treatment)



"I have recently finished a course of hair removal treatment at YCLC - bikini and underarm - WOW - I only wish I had done this years ago!! The machine is amazing - completely pain free and the treatment is very quick. Wonderful, professional service and thorough advice and care from beginning to end. Very happy client:) "

- CLIENT FEEDBACK

ABOUT THIS GUIDE

This booklet contains all the information you need to know about your treatment so please read it properly to ensure you know what to expect.

It should answer any questions you may have, before you begin the process of Laser hair removal or Laser/IPL skin care treatments, and will be useful to refer back to throughout the process too.

You will be asked to confirm you have read and understood the information in this booklet at your first appointment as it forms part of your agreement with the clinic.

LASER PERMANENT HAIR REMOVAL AND SKIN TREATMENTS

Using the **pain free** Moveo handpiece attached to our Motus AY, we deliver concentrated bursts of laser energy to the hair follicles in the treatment area. The hair follicles absorb this energy as heat, which travels down the pigment of the hair to the follicle the target. The heat damages the follicle and decreases the follicles ability to grow back.

- ! You will feel little to no sensation during treatments.
- ! We can now treat all Fitzpatrick skin types for hair removal.

It's time to ditch the razor & lello to Laser"

THE MOTUS AY IS THE WORLDS FIRST & ONLY LASER HAIR REMOVAL TECHNOLOGY TO DELIVER TWO GOLD-STANDARD LASERS - ALEXANDRITE & ND:YAD IN A VIRTUALLY PAINLESS MODE!

WHY CHOOSE US?

Put simply, we are the best at what we do, and have invested in the highest quality of equipment and training in order to provide you with a truly superior service.

For hair removal we use a our medically graded Lynton Motus AY Laser,

For skin treatments we use either our Lynton Motus AY Laser or our medical grade Lynton Luminette Advanced system, which is a high powered multifunctional IPL system enabling us to treat a wide variety of skin concerns.

Experience

Our experienced laser technicians have completed extensive training in Hair Removal and Laser and Light technologies with Manchester University and with Lynton Lasers, (suppliers of laser equipment to the NHS). We have succesfully treated hundreds of happy clients with our equipment, on all areas of the body and face and are currently helping hundreds more with their hair removal or skin care journey.

Reputation

We recently won The English Hair and Beauty Award for 'Aesthetic Clinic of the Year' due to our reputation for excellence. Check out our hundreds of 5 star reviews on Facebook, Google and Trustpilot to find out why we are the clinic of choice for so many happy clients!

FREQUENTLY ASKED QUESTIONS ABOUT IPL HAIR REMOVAL AND SKIN TREATMENTS

We know that you are bound to have lots of questions about the process, here are a few of the most common questions our clients have:

Q. What is the difference between Laser and IPL?

A. The key difference between Laser and IPL is the type of light. IPL (Intense Pulsed Light) is a broadband pulsed light source, whereas laser is a monochromatic coherent light source. Both have different uses, so depending on what is being treated will determine which machine we use.

Q. How much do Laser/IPL treatments cost?

A. The cost per treatment depends on the area being treated. Please refer to the price list pages of this booklet to see a full list of treatment costs.

Q. Can you remove white or light coloured hair?

A. Unfortunately <u>white, grey, red or blonde hairs can not be treated</u>, this is because they contain little to no melanin, which is what the laser targets, so treatment would not be effective.

Q. How many sessions will it take to complete my treatment?

A. Facial hair removal - between 8 to 12 treatments

Body hair removal - between 6 to 10 treatments

Skin rejuvenation up to 6 treatments

Pigmentation removal - between 1 to 4 treatments

Acne - between 2 to 4 treatments

Spider Naevi - between 1 to 3 treatments

Campbell De Morgan - between 1 to 3 treatments

Thread veins (mild) - between 2 to 4 treatments

Thread veins (severe) - between 3 to 5 treatments

Rosacea - between 3 to 6 treatments

Port wine stain - between 3 to 10 treatments

Leg veins - between 3 to 5 treatments

Please note these are a guideline only and some people may need fewer or more than stated above

Q. How long are the gaps between my treatments?

A. Facial hair removal - 4 to 6 weeks apart

Body hair removal - 6 to 8 weeks apart

Skin rejuvenation - 2 to 4 weeks apart

Pigmentation removal - 4 to 6 weeks apart

Acne - 2 to 4 weeks apart

Spider Naevi - 3 to 6 weeks apart

Campbell De Morgan - 3 to 6 weeks apart

Thread veins (mild) - 4 to 6 weeks apart

Thread veins (severe) - 4 to 6 weeks apart

Rosacea - 4 to 6 weeks apart

Port wine stain - 4 to 6 weeks apart

Leg veins - 6 to 8 weeks apart

Q. Is it really permanent?

A. For most the results will be permanent, whilst others may find they need to have maintenance appointments in future. This can depend on hormones, sun exposure and lifestyle choice.

For example;

- FOR HAIR REMOVAL A surge in hormones like pregnancy or menopause have a possibility of promoting some hair re growth.
- FOR PIGMENTATION/ VESSELS If someone has had Laser/ IPL skin treatments and then spends a lot of time outside with repeated sun exposure, the issue may arise again if the skin is not properly protected.

FREQUENTLY ASKED QUESTIONS ABOUT IPL HAIR REMOVAL AND SKIN TREATMENTS

Q. Are there any side effects?

After a treatment the area may feel a little warm, have a little localised redness or show some signs of minor swelling/erythema. Your technician will make you aware of any side effects relevant to the particular treatment you are interested in at your consultation. If you are unsure about a specific side effect that you are experiencing, please contact the clinic directly for reassurance and/or advice.

Q. What does the treatment feel like?

HAIR REMOVAL - Traditional laser hair removal feels like the snap of an elastic band against the skin, sounds a little unpleasant doesn't it? However our system uses a sapphire cooling tip to soothe the surface of the skin during treatment to help protect against any uncomfortable sensations, burns, and pigmentation changes. The system uses different wavelengths to gradually heat up the skin to a temperature that damages the hair follicles to reduce and eliminate hair regrowth without harming the surrounding tissue. PIGMENTATION/ VESSELS - Laser/IPL skin treatments can feel mildly uncomfortable, but no anaesthesia is required. Sensation varies from client to client, but some describe it to feel like a quick hot pin prick.

For HAIR REMOVAL - factors that can affect how effective the treatment will be include:

- How your body responds to the treatment
- The thickness and darkness of the hair
- The ability to continue with treatments in the recommended 'cycle' i.e. 4 to 6 weeks or 6 to 8 weeks apart
- Every hair not being in the same stage of growth at one given time, (Lasers can only target hairs when they are in the Anagen (growing) phase)
- · Hormonal factors such as gender transition, PCOS (Polycystic Ovary Syndrome) and endometriosis

Q. Are there any factors that might prevent me from having Laser/IPL treatments?

Whilst Laser/IPL treatments are generally suitable for the majority of people, there are a few factors that might prevent us from treating you. **The main contraindications for treatment are:**

- Having a suntan (you need to ensure you don't have a suntan in the area being treated as this can lead to being over treated)
- Having a sun-bed tan or fake/spray tan within the 3 weeks prior to the appointment (see above)
- If you've ever used tanning enhancers such as tanning injections, Melanotan, tanning tablets or tanning nasal sprays you are completely contra-indicated to LASER/IPL treatments. This is because these products are not licensed in this country; we do not know how they will cause the body to react to light treatments or for how long it could have an effect.
- Photosensitivity caused by medication. Certain medications cause photosensitivity for example, St John's
 Wort, Gold medications, Amiodarone, Minocycline, Anticoagulants, Oral or Topical Retinoids like
 Roaccutane or Retin A (please check with clinic prior to consultation or treatment if you are unsure
 whether your medication is contraindicated)
- Some health conditions (please check with clinic prior to consultation or treatment if you are unsure whether your health condition is contraindicated)
- Most skin types are suitable for treatment except for darker skinned individuals for skin care treatments
 (darker Fitzpatrick skin type 4s or any skin type 5 and above can not be treated for skin treatments. All skin
 types can be treated for hair removal!)
- · Those pregnant or breastfeeding.
- Those with a history of Keloid scarring.
- Those with skin pigment disorders such as Melasma or Vitiligo.
- We can not treat veins on the ankles or the back of the knees. We can't treat varicose veins

Please be aware we can not treat Acne scarring or certain types of pigmentation, please contact us to discuss before booking a consultation if you are unsure*

We will take a full medical history and carry out a patch test with the equipment before we begin the treatment process to ensure that we are treating you appropriately and effectively. If you are unsure whether you have any of the listed contraindications or have any other concerns prior to treatment, please contact the clinic directly to discuss or mention it at your consultation.

FREQUENTLY ASKED QUESTIONS ABOUT IPL HAIR REMOVAL AND SKIN TREATMENTS

Q. Is there anything I need to do prior to my consultation?

• HAIR REMOVAL - Don't wax, pluck, epilate, use hair removal creams or bleach. Come with a little bit of growth for us to assess the hair to determine settings for the treatment.

We understand that hair growth can be a sensitive issue for some clients, so you may be worried about keeping it at bay until the treatment has had a chance to work. After we have assessed it at your consultation to determine colour and treatment settings you can cut or shave the hair prior to further treatments. Please don't remove hair in such a way that it is removed from the follicle i.e. plucking or waxing. The hair shaft needs to be present in the follicle for us to be able to treat it effectively. You may then continue to cut or shave the hair only in between treatments.

- Make a list of any medication names as we will need to know these.
- Avoid sun exposure on any area you wish to discuss for at least 3 weeks prior to the consultation.

Q. What is the minimum age for LASER/IPL treatments?

We can not treat anyone under the age of 18 years for LASER/IPL treatments.

Q. Why do I have to test patch the area before a LASER/IPL treatment?

It is an insurance requirement that all clients are test patched before treatment. The reason we test patch is to check how the skin reacts to treatment which can prevent any unwanted reactions and to commence treatments on a parameter that will be effective. We recommend approximately 7 days be left following the test patch before the first treatment is carried out.

Q. I have some holidays booked, what happens with my treatments around these times?

Holidays are not a problem, we just need to be aware of them so we can ensure we leave adequate gaps between your last session and the holiday, and then after returning from the holiday before booking back in for a treatment. You would also need to wear an SPF 50 over the area we are treating whilst you're away and wear a hat if appropriate (for facial treatments).

Sun exposure explanation

Please ensure that you keep the area we are treating out of the sun or cover it when you are exposed to sunlight. This is because we cannot treat you if you have an active suntan (been in the sun in the previous 3 weeks) or if you have recently fake tanned or used a sun bed.

If you have recently had sun exposure, fake tanned or used a sun bed please wait at least 3 weeks before booking an appointment.

Please note that tanning enhancers such as tanning injections, Melanotan, tanning tablets or tanning nasal sprays are completely contra-indicated to LASER/IPL treatments. If you have ever used these we can not carry out any treatments on you. This is because these products are not licensed in this country; we do not know how they will cause the body to react to light treatments or for how long it could have an effect.

To summarise

- Treatment cost will be confirmed at consultation
- We can not treat blonde, grey, red or white hairs for hair removal
- You will need multiple sessions, a course of treatments are required
- For some it will be permanent and others may need maintenance appointments
- Some mild side effects can happen
- The treatment for hair removal will have little to no sensation/be pain free, for skin care treatments it can feel a little tingly and a little like an elastic band snapping on the skin. Most report that it's tolerable and no anaesthetic is required.
- Some medications/ medical conditions can prevent us from carrying out treatments. If you're unsure please get in touch before coming in to check if you're suitable.
- We can not treat you if you have an active tan please read sun exposure explanation.

How to book

Book now:

YOU'VE DECIDED TO GET STARTED!

That's great! We're thrilled that you've chosen The Yorkshire Cosmetic Laser Clinic to help you throughout the process of your Laser/IPL journey.

The very first step is to book a no obligation consultation. It is a requirement of our insurance provider that we carry out a patch test on all clients, so be extremely wary of any clinic that does not offer you one of these.

In addition to insurance requirements, a consultation is useful for a number of reasons.

The purpose of the consultation is to:

- Meet you in person.
- Take a medical history and ensure that you have no contraindicated conditions (see FAQ page)
- Address any concerns or questions you may have about the treatment
- Assess the condition of your skin and/or hair prior to treatment
- Carry out a patch test with the equipment to ensure that you have no adverse affects and that we are treating you using the correct level of fluence (energy) to ensure an effective treatment

Consultations need to take place a minimum of 7 days before your first full treatment. Once you have had your consultation we can then book you in to begin your Laser treatments!

If you book in for a consultation there is a £10 booking fee, which is just to secure the appointment. If you come and decide not to proceed with treatment we will give you the £10 back right away. If you do decide to book in for treatments it becomes a floating deposit and floats over the entirety of your appointments, then you would get in back at the end*.

*The only time we would keep it is if you failed to show up to an appointment, or if you cancelled with less than 24 hours notice (required by our terms and conditions). Then the £10 would be kept to cover the cost of that missed appointment.

To get started, book your consultation and patch test online today: www.yorkshireclc.co.uk/book-online



We look forward to seeing you in clinic soon!